

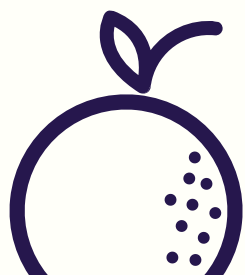


ECLIPSE FUEL

# GROUP EDUCATION SEMINAR, WORKSHOPS AND COOKING DEMOS

**AT ECLIPSE FUEL WE LOVE TO PROVIDE  
CLIENTS WITH THE KNOWLEDGE AND  
SKILLS TO NOURISH THEIR BODY**

Group workshops, seminars or cooking demonstrations provide a cost effective method to target more individuals. It is the perfect solution for workplaces, teams and sporting groups to promote a health first culture.



# LET US DO THE HARD WORK

**We want to empower the  
community to fuel their  
best self**

**What we can do for you:**

- Small group seminars
- Interactive workshops
- Cooking demos with taste tester
- Resources and recipes provided

**Possible topics**

- Fuel for performance
- Energise your life
- Food and Mood
- Ditch the diet

For more information and individual pricing fill out the form on the work with me page on [eclipsefuel.com](http://eclipsefuel.com)  
Alternatively contact Georgia Bevan - [gbevan@eclipsefuel.com](mailto:gbevan@eclipsefuel.com) or on 0424413988

