

**ECLIPSEFUEL**

# School Seminar and workshops available

With Accredited Practising Dietitian and Inaugural AFLW Premiership player Georgia Bevan

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## SERVICES

Larger assembly presentations 200+ ppl  
Class size workshops approx. 30 ppl  
Class or small group cooking demonstrations min. 15 ppl  
Customisable day or half day sessions available

## EXAMPLE TOPICS

- Rock your female athlete title
- Fuel for performance
- Energise your eating
- Building a healthy food relationship; the non-diet approach

**See back side for fee guide**



## PERFORMANCE DIETITIAN (APD, ASD)

Georgia is an Accredited Sports Dietitian, who is passionate about performance nutrition, the non-diet approach and healthy behaviour development. Georgia provides a unique insight to performance nutrition as a member of the Inaugural AFLW Premiership team for Adelaide FC and as a current Sturt FC SANFLW and Hawthorn VFLW player.

## CONTACT:

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# Empower your students to be better

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## FEE GUIDE

Large scale assembly - \$400  
100 students = \$4 per student  
200 students = \$2 per student  
400 students = \$1 per students

Small group workshop or cooking  
demonstration\* (30 students)  
One off 1 hour session = \$300  
3 x 1 hour session = \$450

Resource factsheets provided post  
session

\*Cost of ingredients additional.  
Estimated at under \$100 for 2  
recipes with samples per session

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Check out our official website at  
[eclipsefuel.com](http://eclipsefuel.com) for more content.  
For inquiries, contact Georgia on  
0424413988 or email  
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