

ECLIPSEFUEL

School Seminar and workshops available

With Accredited Practising Dietitian and Inaugural AFLW Premiership player Georgia Bevan

SERVICES

Larger assembly presentations 200+ ppl
Class size workshops approx. 30 ppl
Class or small group cooking demonstrations min. 15 ppl
Customisable day or half day sessions available

EXAMPLE TOPICS

- Rock your female athlete title
- Fuel for performance
- Energise your eating
- Building a healthy food relationship; the non-diet approach

See back side for fee guide



PERFORMANCE DIETITIAN (APD, ASD)

Georgia is an Accredited Sports Dietitian, who is passionate about performance nutrition, the non-diet approach and healthy behaviour development. Georgia provides a unique insight to performance nutrition as a member of the Inaugural AFLW Premiership team for Adelaide FC and as a current Sturt FC SANFLW and Hawthorn VFLW player.

CONTACT:

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eclipse fuel

Empower your students to be better

FEE GUIDE

Large scale assembly - \$400
100 students = \$4 per student
200 students = \$2 per student
400 students = \$1 per students

Small group workshop or cooking
demonstration* (30 students)
One off 1 hour session = \$300
3 x 1 hour session = \$450

Resource factsheets provided post
session

*Cost of ingredients additional.
Estimated at under \$100 for 2
recipes with samples per session

Check out our official website at
eclipsefuel.com for more content.
For inquiries, contact Georgia on
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